

A Service of Morning Prayer
February 26, 2023
First Sunday in Lent



'Christ in the Wilderness'

by Ivan Nikolaevich Kramskoï, 1837-1887, Moscow, Russia
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We shall not live by bread alone, but by every word that
 proceeds from the mouth of God. *Matthew 4.4*

CP 306 O for a Thousand Tongues to Sing

1 O for a thousand tongues to sing
 my great Redeemer's praise,
 the glories of my God and King,
 the triumphs of his grace.

2 Jesus! the name that charms our fears
 and bids our sorrows cease;
 'tis music in the sinner's ears,
 'tis life, and health, and peace.

3 He speaks; and, listening to his voice,
 new life the dead receive;
 the mournful, broken hearts rejoice,
 the humble poor believe.

4 Hear him, ye deaf, ye voiceless ones,
 your loosened tongues employ;
 ye blind, behold your Saviour come,
 and leap, ye lame, for joy!

5 My gracious Master and my God,
 assist me to proclaim,
 to spread through all the earth abroad
 the honours of thy name.

The grace of our Lord Jesus Christ,
 And the love of God,
 And the fellowship of the Holy Spirit,
 Be with you all.

And also with you.

May his grace and peace be with you.
May he fill our hearts with joy.

Almighty God,
To you all hearts are open,
All desires known,
And from you no secrets are hidden.
Cleanse the thoughts of our hearts

**By the inspiration of your Holy Spirit,
That we may perfectly love you,
And worthily magnify your holy name;
Through Christ our Lord. Amen.**

Psalm 32

32:1 Happy are those whose transgression is forgiven, whose sin is covered.

32:2 Happy are those to whom the LORD imputes no iniquity, and in whose spirit there is no deceit.

32:3 While I kept silence, my body wasted away through my groaning all day long.

32:4 For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer.

32:5 Then I acknowledged my sin to you, and I did not hide my iniquity; I said, "I will confess my transgressions to the LORD," and you forgave the guilt of my sin. Selah

32:6 Therefore let all who are faithful offer prayer to you; at a time of distress, the rush of mighty waters shall not reach them.

32:7 You are a hiding place for me; you preserve me from trouble; you surround me with glad cries of deliverance.

32:8 I will instruct you and teach you the way you should go; I will counsel you with my eye upon you.

32:9 Do not be like a horse or a mule, without understanding, whose temper must be curbed with bit and bridle, else it will not stay near you.

32:10 Many are the torments of the wicked, but steadfast love surrounds those who trust in the LORD.

32:11 Be glad in the LORD and rejoice, O righteous, and shout for joy, all you upright in heart.

A Reading from Genesis 2:15-17, 3:1-7

2:15 The LORD God took the man and put him in the garden of Eden to till it and keep it.

2:16 And the LORD God commanded the man, "You may freely eat of every tree of the garden;

2:17 but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

3:1 Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?"

3:2 The woman said to the serpent, "We may eat of the fruit of the trees in the garden;

3:3 but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'"

3:4 But the serpent said to the woman, "You will not die;

3:5 for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil."

3:6 So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and

she also gave some to her husband, who was with her, and he ate.

3:7 Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.

Thanks be to God.

CP5 Christ, Whose Glory Fills the Skies

1 Christ, whose glory fills the skies,
Christ, the true, the only light,
Sun of Righteousness, arise!
Triumph o'er the shades of night:
Dayspring from on high, be near;
Daystar, in my heart appear.

3 Visit then this soul of mine,
pierce the gloom of sin and grief;
fill me, Radiancy divine,
scatter all my unbelief;
more and more thyself display,
shining to the perfect day.

2 Dark and cheerless is the morn
unaccompanied by thee;
joyless is the day's return
till thy mercy's beams I see,
till they inward light impart,
glad my eyes and warm my heart.

A Reading from Romans 5:12-19

5:12 Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-

5:13 sin was indeed in the world before the law, but sin is not reckoned when there is no law.

5:14 Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

5:15 But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many.

5:16 And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification.

5:17 If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

5:18 Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all.

5:19 For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The Word of the Lord.

Thanks be to God.

CP 175 Forty Days and Forty Nights (1-3; 4,5)

1 Forty days and forty nights
you were fasting in the wild;
forty days and forty nights
tempted, and yet undefiled:

2 burning heat throughout the day,
bitter cold when light has fled,
prowling beasts around your way,
stones your pillow, earth your bed.

3 Shall not we your trials share,
learn your discipline of will,
and with you by fast and prayer
wrestle with the powers of hell?

4 So if Satan, pressing hard,
soul and body would destroy:
Christ who conquered, be our guard;
give to us the victor's joy.

5 Saviour, may we hear your voice --
keep us constant at your side;
and with you we shall rejoice
at the eternal Eastertide.

The Gospel

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according Matthew
Glory to you, Lord Jesus Christ.

Matthew 4:1-11

4:1 Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.

4:2 He fasted forty days and forty nights, and afterwards he was famished.

4:3 The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread."

4:4 But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"

4:5 Then the devil took him to the holy city and placed him on the pinnacle of the temple,

4:6 saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

4:7 Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

4:8 Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor;

4:9 and he said to him, "All these I will give you, if you will fall down and worship me."

4:10 Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'"

4:11 Then the devil left him, and suddenly angels came and waited on him.

The Gospel of Christ

Praise to you, Lord Jesus Christ.

Sermon by the Rev. Alison Westervelt

CCLI 7071069 Through It All

1 Amazing grace that called me in my
brokenness
And mercy that drew me from afar
I had no way no hope in my own righteousness
But Jesus He loved me through it all

Oh the beauty of a heart's redemption
Oh the healing in my soul
I will sing forever of this mystery
Jesus who loves me through it all

2 The wounds and scars are many on my
battlefield
And often the arrows 'round me fall
I will not fear this faithful promise is my shield
That Jesus will love me through it all

Though temptation's lure may pull me under
Though my feet may wander far
I will claim the One whose grace is greater still
My Jesus who loves me through it all

Chorus
Through it all Through it all
You are my life my only hope
Through it all Through it all
Oh my Jesus will love me through it all

3 No empty fame no fortune can my faith
command
No treasure dissuade me from my goal
I'm pressing on to freedom in a better land
To Jesus who loves me through it all

When the evening of my life grows deeper
When I hear the final call
I will run and fall into the waiting arms
Of Jesus who loves me Jesus who loves me
My Jesus who loves me through it all.

Affirmation of Faith (The Apostles' Creed)

**I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven.
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of the People compiled and led by Jody Watson

Brothers and Sisters In Christ:

Let us quiet our hearts and minds from all the daily problems and issues of all kinds as we humbly come before God in grateful Prayer and Thanksgiving, saying, Lord in your mercy, hear our prayer.

Hear Our Prayer

Loving God, we pray for your world wide church and all your people who love your word and feel the need to be closer to you, who want to learn to be more Christ like in their day to day lives. Teach us to love and respect the many differences between us knowing we are all God's children and can learn so much from one another by embracing these differences. Lord in your mercy, hear our prayer.

Hear our Prayer

We pray for the Scottish Episcopal Church, The Diocese of Rupert's Land: the Rt. Rev. Geoffrey Woodcroft, Bishop, St. Columba, Beaumont: Stephanie London, Rector, Marilyn Benay, Vocational Deacon, Jane Piercy Ballard, Honorary Vocational Deacon.

We pray for The Buye Diocese, Gashikanwa { St. Paul } Parish: Leonidas Nizigyimana, Rector.

We include in our prayers, the people and the community of Cold Lake First Nation.

We pray for our own Parish of St. Peter's and her clergy.. The Rev. Alison Westervelt, our musician, Nadine and for the visiting clergy who are helping us as we journey along the path of transition. Lord In your mercy,hear our prayer.

We pray for King Charles, Queen Camilla, Our Governor General, the Prime Minister, our Premier and our Mayor. Lord, guide them as they carry out their service and help them to be mindful always of your Holy Will. Lord in your mercy, hear our prayer.

Hear our Prayer

Heavenly Father, look down on our volunteers who put so much time and energy into our church home. Guide them and bless them as they undertake the many and varied ministries which are so vitally important to our church life. Lord in your mercy, hear our prayer.

Hear our Prayer.

We pray for all the war torn countries the world over and the people who strive to just stay alive during these terrible times. We remember the horrific natural disasters which befall your

people, especially the thousands and thousands of people in Turkey and Syria who have gone through and continue to go through this mass devastation of human lives caused by this mega earthquake. Comfort the bereaved and heal the injured. We pray for and ask your blessing on everyone here this morning for our families and our friends both near and far. Lord in your mercy, hear our prayer.

Hear our prayer

We pray especially for those who have requested our prayers: Sandra, Merle, Mary, Irene, Helen, Tony and Mary Jean, Bill, Geraldine, Florence, Chrissie, Cathy and family, Diane, Janelle, Rosemary, Roald, Sandy and Luci. We also pray for those known only to you Heavenly Father and for those we keep in our hearts. Lord in your mercy, hear our prayer.

Hear our Prayer

Compassionate Father, hear the cries and supplications of your children. Help us and guide us through the power of the Holy Spirit to do only what is good and acceptable in your eyes. AMEN

Collect

Almighty God,
 whose Son fasted forty days in the wilderness,
 and was tempted as we are but did not sin,
 give us grace to discipline ourselves
 in submission to your Spirit,
 that as you know our weakness,
 so we may know your power to save;
 through Jesus Christ our Lord,
 who lives and reigns with you and the Holy Spirit,
 one God, now and for ever.

**And now, as our Saviour Christ has taught us, we are bold to say,
 Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 the power, and the glory,
 for ever and ever. Amen.**

CP 352 Amazing Grace

1 Amazing grace! How sweet the sound
that saved a wretch like me!
I once was lost, but now am found:
was blind, but now I see.

2 'Twas grace first taught my heart to fear
and grace my fears relieved;
how precious did that grace appear
the hour I first believed!

3 The Lord has promised good to me,
his word my hope secures;
he will my shield and portion be
as long as life endures.

4 Through many dangers, toils, and snares,
I have already come;
'tis grace that brought me safe thus far,
and grace will lead me home.

5 When we've been there ten thousand years
bright shining as the sun,
we've no less days to sing God's praise
than when we'd first begun.

The Dismissal

We shall not live by bread alone, but by every word that
proceeds from the mouth of God. *Matthew 4.4*

Let us bless the Lord
Thanks be to God.

May the God of peace enable us to do His will in every kind of goodness
working in us what pleases Him, through Jesus Christ, to whom be the glory for
ever and ever. Amen.

My dear friends, be swift to love, make haste to be kind,
and go in peace to love and serve the Lord.
Thanks be to God.