

**A Service of Morning Prayer
Wednesday, January 25, 2023**



Jesus, the Bread of Life (You Tube)

Welcome:

Hymn: CP 70 Jesus, the Joy of Living Hearts

1 Jesus, the joy of loving hearts,
true source of life, our lives sustain;
from the best bliss that earth imparts,
we turn unfilled to you again.

2 Your truth unchanged has ever stood;
you rescue those who on you call:
to those yet seeking, you are good;
to those who find you, all in all.

3 We taste of you, the living bread,
and long to feast upon you still.
We drink from you, the fountain-head,
our thirsty souls from you we fill.

4 Our restless spirits long for you,
however may our lot be cast,
glad when your gracious smile we view,
blessed when our faith can hold you fast.

5 Jesus, forever with us stay:
make all our moments calm and bright;
chase the dark night of sin away;
shed through the world your holy light.

Gathering: The grace of our Lord Jesus Christ,
And the love of God,
And the fellowship of the Holy Spirit,
Be with you all.

And also with you.

May his grace and peace be with you.
May he fill our hearts with joy.

Almighty God,
**To you all hearts are open,
All desires known,
And from you no secrets are hidden.
Cleanse the thoughts of our hearts
By the inspiration of your Holy Spirit,
That we may perfectly love you,
And worthily magnify your holy name.
Through Christ our Lord. Amen.**

Trisagion: Holy God,
 Holy and mighty,
 Holy and immortal one,
 Have mercy on us. (3x)

Psalm: 119:73-96 *Refrain: The Lord is the strength of his people*

- ⁷³ Your hands have made and fashioned me; give me understanding that I may learn your commandments.
- ⁷⁴ Those who fear you shall see me and rejoice, because I have hoped in your word.
- ⁷⁵ I know, O Lord, that your judgements are right, and that in faithfulness you have humbled me.
- ⁷⁶ Let your steadfast love become my comfort according to your promise to your servant.
- ⁷⁷ Let your mercy come to me, that I may live; for your law is my delight.
- ⁷⁸ Let the arrogant be put to shame, because they have subverted me with guile; as for me, I will meditate on your precepts.
- ⁷⁹ Let those who fear you turn to me, so that they may know your decrees.
- ⁸⁰ May my heart be blameless in your statutes, so that I may not be put to shame.
- ⁸¹ My soul languishes for your salvation; I hope in your word.
- ⁸² My eyes fail with watching for your promise; I ask, 'When will you comfort me?'
- ⁸³ For I have become like a wineskin in the smoke, yet I have not forgotten your statutes.
- ⁸⁴ How long must your servant endure? When will you judge those who persecute me?
- ⁸⁵ The arrogant have dug pitfalls for me; they flout your law.
- ⁸⁶ All your commandments are enduring; I am persecuted without cause; help me!
- ⁸⁷ They have almost made an end of me on earth; but I have not forsaken your precepts.
- ⁸⁸ In your steadfast love spare my life, so that I may keep the decrees of your mouth.
- ⁸⁹ The Lord exists for ever; your word is firmly fixed in heaven.
- ⁹⁰ Your faithfulness endures to all generations; you have established the earth, and it stands fast.
- ⁹¹ By your appointment they stand today, for all things are your servants.
- ⁹² If your law had not been my delight, I would have perished in my misery.
- ⁹³ I will never forget your precepts, for by them you have given me life.
- ⁹⁴ I am yours; save me, for I have sought your precepts.
- ⁹⁵ The wicked lie in wait to destroy me, but I consider your decrees.
- ⁹⁶ I have seen a limit to all perfection, but your commandment is exceedingly broad.

The Gospel:

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John
Glory to you, Lord Jesus Christ.

John 6:52-59

⁵² The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?'

⁵³ So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.

⁵⁴ Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day;

⁵⁵ for my flesh is true food and my blood is true drink.

⁵⁶ Those who eat my flesh and drink my blood abide in me, and I in them.

⁵⁷ Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me.

⁵⁸ This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

⁵⁹ He said these things while he was teaching in the synagogue at Capernaum.

Meditation: – Rev. Alison Westervelt

Hymn: CCLI 2693118 Christ Above Me

<i>Chorus</i>	
<i>Christ above me Christ beside me</i>	1 Bread of life from heaven
<i>Christ within me ever guiding</i>	Lover of my soul
<i>Christ behind me Christ before</i>	Peace of God so ever present
<i>Christ my love my life my Lord</i>	I surrender my control to
	2 Mercy everlasting
	Tenderness divine
	Word of God so ever healing
	I surrender heart and mind to

Affirmation of Faith (The Apostles' Creed)

**I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven.
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Healing Litany:

Let us name before God those for whom we offer our prayers: Sandra...
Merle..... Mary..... Irene Helen.....Tony and Mary Jean..... Bill.....
Geraldine.... Florence..... Joan..... Shirley and Cyril..... Lisa..... Marijke.....
Chrissie, Cathy, and the family..... Diane..... Janelle..... Rosemary..... Roald

Let us offer our prayers for God's healing, saying, Hear and have mercy.

Hear and have mercy

Blessed Jesus, your Holy name is medicine for healing and a promise of eternal life

Hear and have mercy

Grant us your grace to heal those who are sick. We pray to you, O God,

Hear and have mercy

Befriend all who are anxious, lonely, despondent, or afraid. We pray to you, O God,

Hear and have mercy.

Restore those with mental illness to clarity of mind and hopefulness of heart.
We pray to you, O God,

Hear and have mercy.

Give rest to the weary and hold the dying in your loving arms. We pray to you, O God,

Hear and have mercy.

Help us to prepare for death with confident expectation of Easter joy. We pray to you, O God,

Hear and have mercy.

Give your wisdom and compassion to health care workers, that they may minister to the sick and dying with knowledge, skill, and kindness. We pray to you, O God,

Hear and have mercy.

Uphold those who keep watch over the sick. We pray to you, O God,

Hear and have mercy.

Guide those who search for the causes and cures of sickness and disease. We pray to you, O God,

Hear and have mercy.

Jesus, Lamb of God,

Hear and have mercy.

Jesus, bearer of our sins,

Hear and have mercy

Jesus, redeemer of the world,

Hear and have mercy

Compassionate God, you so loved the world that you sent us Jesus to bear our infirmities and afflictions. Through acts of healing, he revealed you as the true source of health and salvation. For the sake of your Christ who suffered and died for us, conquered death, and now reigns with you in glory, hear the cry of your people. Have mercy on us, make us whole, and bring us at last into the fulness of your eternal life. Amen

Collect:

Almighty God,
by grace alone you call us
and accept us in your service.
Strengthen us by your Spirit,
and make us worthy of your call;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever.

And now, as our Saviour Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

Hymn: CP 508 I Heard the Voice of Jesus

1 I heard the voice of Jesus say, "Come unto me and rest;
lay down, thou weary one, lay down thy head upon my breast."
I came to Jesus as I was, so weary, worn, and sad;
I found in him a resting place, and he has made me glad.

2 I heard the voice of Jesus say, "Behold, I freely give
the living water; thirsty one, stoop down and drink and live."
I came to Jesus and I drank of that life-giving stream;
my thirst was quenched, my soul revived, and now I live in him.

3 I heard the voice of Jesus say, "I am this dark world's light;
look unto me, thy morn shall rise, and all thy day be bright."
I looked to Jesus and I found in him my star, my sun;
and in that light of life I'll walk till travelling days are done.

The Dismissal:

Let us bless the Lord, giving thanks for his living word.
Thanks be to God.

May the God of hope fill us with all joy and peace in believing through the power
of the Holy Spirit. Amen.

Go in peace to love and serve the Lord.
Thanks be to God.